

# Contents

---

<b>MOTORCYCLE SAFETY.....</b>	<b>1</b>
Important Safety Information .....	2
Important Safety Precautions .....	2
Accessories & Modifications .....	3
Safety Labels .....	4
<b>INSTRUMENTS &amp; CONTROLS.....</b>	<b>5</b>
Operation Component Locations .....	6
Indicator .....	7
MIL Blink Pattern .....	7
Current DTC/Freeze DTC.....	7
Circuit Inspection .....	8
DTC Index.....	9
<b>BEFORE RIDING.....</b>	<b>11</b>
Are You Ready to Ride? .....	12
Is Your Motorcycle Ready to Ride? .....	13
Pre-ride Inspection .....	13
<b>BASIC OPERATING INSTRUCTIONS ....</b>	<b>15</b>
Safe Riding Precautions .....	16
Starting & Stopping the Engine .....	17
Fast Idle Knob .....	17
Preparation .....	17
Starting Procedure .....	17
How to Stop the Engine .....	18
Break-in Guidelines .....	19

<b>SERVICING YOUR HONDA .....</b>	<b>21</b>
<i>Before You Service Your Honda</i>	
The Importance of Maintenance .....	22
Maintenance Safety .....	23
Important Safety Precautions.....	23
Maintenance Schedule .....	24
General Competition Maintenance .....	26
Before & After Competition Maintenance .....	30
Between Motos & Practice Maintenance....	30
After Competition Maintenance .....	31
<i>Service Preparations</i>	
Maintenance Component Locations .....	32
Seat .....	33
Fuel Tank .....	34
Subframe .....	37
<i>Service Procedures</i>	
Fluids & Filters	
Fuel System .....	39
Engine Oil .....	48
Transmission Oil .....	51
Coolant .....	53
Air Cleaner .....	55
Crankcase Breather .....	57
Engine	
Throttle .....	58
Engine Idle Speed .....	60
Clutch System .....	61
Spark Plug .....	66
Valve Clearance .....	67
Piston/Piston Rings/Piston Pin .....	76

Chassis	
Suspension .....	86
Brakes .....	90
Wheels .....	94
Tires & Tubes .....	95
Drive Chain .....	97
Exhaust Pipe/Muffler .....	100
Steering Damper .....	104
Additional Maintenance Procedures .....	107
Appearance Care .....	109