

Suspension

Lower spring pre-load and softer damping provide a softer ride and are usually preferred for light loads and smooth roads. Higher spring pre-load and firmer damping provide a firmer ride and are recommended for heavy loads, rough road conditions, and faster, more challenging riding.

Front Suspension Adjustment

The front suspension can be adjusted for rider (and passenger) weight and riding conditions by changing the spring pre-load and rebound and compression damping.

To adjust, use an appropriate tool or see your Honda dealer.