### Helmet

Should be safety-standard certified, highvisibility, and correct size for your head

- Must fit comfortably but securely, with the chin strap fastened
- Face shield with unobstructed field of vision or other approved eye protection

USA Look for a DOT (Department of Transportation) certification label on any helmet you buy.

### CBR1000RR/RA

# 3 WARNING

Not wearing a helmet increases the chance of serious injury or death in a crash.

Make sure that you and any passenger always wear an approved helmet and protective apparel.

#### CBR1000S

## 3 WARNING

Not wearing a helmet increases the chance of serious injury or death in a crash.

Make sure that you always wear an approved helmet and protective apparel.

### Gloves

Full-finger leather gloves with high abrasion resistance

### Boots or Riding Shoes

Sturdy boots with non-slip soles and ankle protection

### Jacket and Pants

Protective, highly visible, long-sleeved jacket and durable long pants for riding (or a protective suit).