






## Instruments (Continued)

- 2 Select the "DEFAULT" or one of the ten suspension damping levels using the **SEL**  (up) or **SEL**  (down) button.
- u Press and hold the **SEL**  (up) or **SEL**  (down) button to move the menu quickly.
  - u Available setting range:  
-5 to +5

SETTING		0 mph
SPORTS KIT		+3
EXIT	QUICKSHIFTER	+2
		+1
FUNCTION SUSPENSION A1		DEFAULT
LAP TIME	SUSPENSION A2	-1
DISPLAY	SUSPENSION A3	-2
		-3

- 3 Press the **MODE** button. The selected item is set, and then the display returns to the upper level hierarchy.

## SUSPENSION M1, M2 and M3


CBR1000S1

You can adjust the compression and rebound damping of the front and rear suspension electronically.

### Adjusting the ÖHLINS Smart EC system

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#### To End the Setting

Select the  (return) on the menu screen. The display returns to the "SUSPENSION M1", "SUSPENSION M2" or "SUSPENSION M3" menu on the "FUNCTION" screen.