Adjusting the Front Suspension

Spring Preload

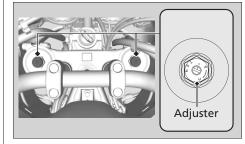
You can adjust the spring preload by the adjuster to suit the load or the road surface. Turn the adjuster using the box end wrench. The spring preload adjuster has 15 turns. Turn clockwise to increase spring preload (hard), or turn counterclockwise to decrease spring preload (soft).

CRF1000A

The standard position is the 5 turns from the full soft position.

CRF1000D

The standard position is the 8.5 turns from the full soft position.



NOTICE

Do not turn the adjuster beyond its limits. Adjust both left and right forks to the same spring preload.