

# Engine Oil

Refer to *Safety Precautions* on [page 19](#).

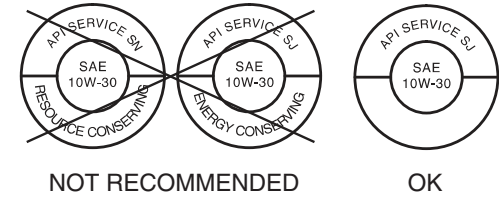
Using the proper oil, and regularly checking, adding, and changing oil will help extend the service life of the engine. Even the best oil wears out. Changing oil helps get rid of dirt and deposits. Operating the engine with old or dirty oil can damage your engine. Running the engine with insufficient oil can cause serious damage to the engine.

## Oil Recommendation

API classification	SG or higher except oils labeled as energy conserving and resource conserving on the circular API service label
viscosity (weight)	SAE 10W-30
JASO T 903 standard	MA
suggested oil*	Pro Honda GN4 4-stroke oil (USA & Canada), or Honda 4-stroke oil, or an equivalent motorcycle oil.

\* Suggested 4-stroke engine oils are equal performance to SJ oils that are not labeled as energy conserving and resource conserving on the circular API service label.

- Your CRF does not need oil additives. Use the recommended oil.
- Do not use API SH or higher 4-stroke engine oils displaying the circular API “energy conserving” and “resource conserving” service label on the container. They may affect lubrication.



Other viscosities shown in the following chart may be used when the average temperature in your riding area is within the indicated range.

