

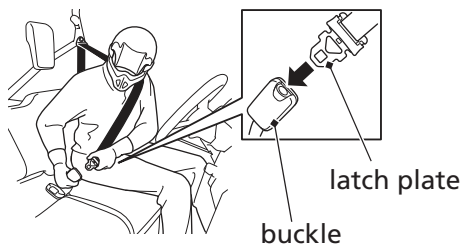
# Seat Belts

---

How you wear a seat belt also matters. For the best protection:

## Front

1. Insert the latch plate into the buckle, then tug on the belt to make sure it is securely latched.



2. Check that the belt is not twisted, because a twisted belt can cause injuries.
3. Position the lap part of the belt as low as possible across your hips, then pull up on the shoulder part of the belt to make sure the lap part is snug. This keeps you connected to the vehicle and lets your strong pelvic bones take the force of a crash.
4. Make sure the shoulder part of the belt goes over your shoulder and rests against your chest.



To unlatch a seat belt, press the red PUSH button on the buckle.